



MYCONIAN
COLLECTION

..... est. 1979

SPA MENU



TRANSFORMATIVE RESULTS. UNIQUE EXPERIENCES.

Dear Valued Guest,

We invite you to discover the Myconian Collection Spas. All eleven of our spas are magical sanctuaries of relaxation in which we endeavour to take you on a personal journey dedicated to revitalising your body, mind and soul. Our curated menu of treatments combines expert techniques with the most potent active skincare products at the cutting age of beauty today. These draw on the wealth of the sea, the extracts of plants, flowers and botanicals that have proven potent since antiquity.

As your skin and wellbeing lie at the heart of what we do, we have chosen the world's leading brands to support our therapies: ELEMIS is only available at selected exclusive spas internationally and offers a premium range of ground-breaking formulas that deliver real results. AUGUSTINUS BADER, the eponymous skin care brand developed by a biomedical scientist and backed by applied science of the highest calibre in the industry, has garnered an unprecedented 105 coveted awards. Another firm favourite is LIGNE ST. BARTH, whose elixirs and lotions are still exclusively produced in the laboratory of St. Barthelemy, transporting the senses to the Caribbean paradise from which its active botanicals of plants, fruits and flowers were harvested.

Designed to respect the body's complex physiology, our treatments work in natural synergy with the skin, body and mind. Every ritual is specifically designed to offer a unique experience, using powerful massage sequences and the most potent actives skincare products tailored to your specific needs. Our highly trained therapists make it personal. They look, they listen, tune in to you.

Welcome.

The Management of Myconian Spas

AB
Augustinus Bader

ELEMIS
LONDON

LIGNE
ST BARTH
The Spirit of St. Barth



ELEMIS
LONDON

SIGNATURE PACKAGES

Myconian Detox Journey 110mins

This treatment is designed to detox and nourish your skin.

Full Body Detox Massage

Leg Slimming Mask

Express Detox Facial with LED Mask

Frangipani Lovers 110mins

Body Polish

Full Body Massage

Eye & Lip Treatment

Exotic Dream 110mins

Shell Chill Out Massage

Express Facial

Head & Scalp Massage

FAMILY EXPERIENCE

Spend some quality time being spoiled together.

Mother & Daughter 90mins

Side-by-Side Full Body Scrub, Relaxing Body Massage and a Hair Treatment Mask.

Father & Son 90mins

Side-by-Side Relaxing Full Body Massage, Express Facial Treatment and Scalp Massage.

THALASSOTHERAPY 50MINS

A unique program offering curative effects of mineral enriched seawater. The session takes you through 3-4 pools, each with different temperature and salinity content. The program is recommended for frequent use, and is very beneficial for joints, back problems, arthritis, osteoporosis, water retention or for sheer indulgence and relaxation.

ELEMIS FACE TREATMENTS

PRO-GLOW GENIUS FACIAL YOUR LINE-FIGHTING SUPERHERO FACIAL 75MINS

Clinically proven intelligent skincare and a triple-level approach to skin hydration results in transformative results for younger-looking skin. With a spotlight on deep-set wrinkles for maximum facial rejuvenation and skin hydration, the skin will be visibly smoother, resilient, and firmer-looking. The skin will appear immediately firmer and more radiant after just one treatment.

PRO-GLOW SMOOTH THE HIIT WORKOUT FOR YOUR SKIN 60MINS

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

PRO-GLOW RESURFACE RESURFACING FOR STUNNINGLY SMOOTH SKIN 60MINS

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes and blackheads, this unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother and renewed.

PRO-GLOW BRILLIANCE YOUR RECIPE FOR RADIANCE 30MINS

Turn up the brightness with a triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer-looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling radiant, and healthy. A Vegan Friendly Facial for an immediate glow.

REFRESHED EYES & PLUMPED LIPS 25MINS

A powerful treatment for the eye & lip area, that leaves your eye contour feeling hydrated, refreshed and younger-looking. Helps iron out fine lines & wrinkles and combat fatigue signs, like dark circles and puffiness. Lips are thoroughly exfoliated using a sugar lip polish and anointed with hydration to give a plumped and fuller looking lip.





AUGUSTINUS BADER

THE METHOD FACE & BODY THERAPY

THE METHOD FACE BY AUGUSTINUS BADER "THE GLOW" 55MINS

The Method Glow Facial by Augustinus Bader is a science-backed treatment that acquaints the skin with the award-winning power of Professor Bader's TFC8® cell renewing complex through a tailor-made layering of Augustinus Bader skincare products to deliver immediate, visible benefits. A personalised ritual of hero formulas is used to boost hydration and cellular communication, promote circulation, and firm, tone, and refresh the complexion.

THE METHOD FACE BY AUGUSTINUS BADER "THE ULTIMATE" 85MINS

The Method Ultimate Facial by Augustinus Bader is a one-of-a-kind, highly-sophisticated skincare treatment. It was created to boost cell communication in order to support the body's innate biological wisdom to self-heal and regenerate. The method supports cell activity, which is responsible for balanced hydration, firmness, equal pigmentation and protection of the skin, in order to fight against intrinsic and extrinsic aggressors. This synergy delivers highly-targeted individual stimulation, triggering a sequence of highly-individualized regenerative processes. This complete version of The Method includes a Hand & Arm and a Head & Scalp massage with two cabin exclusive formulas for your skin.

THE METHOD BODY BY AUGUSTINUS BADER 75MINS

The unique professional treatment leverages The Method Augustinus Bader for the body - a sophisticated customized skincare experience leveraging the award-winning proprietary TFC8 renewal complex to firm up, soothe and rejuvenate the body. The experience brings a superficial fascia massage to activate the tissue metabolism and stimulate cellular communication and repair. The entire body is enveloped in a luxurious layer of Augustinus Bader's hero product, The Body Cream, clinically proven to reduce the appearance of cellulite and achieve a visibly softer, smoother and firmer look and feel in just one session.

ELEMIS MASSAGE THERAPY

ELEMIS DEEP TISSUE BACK OR FULL BODY MASSAGE 25MINS/55MINS/85MINS

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Your therapist will select an aromatic oil according to your concerns. Muscle pain, stress relief, pure relaxation or emotional balance. As effective as an hour's stretching but so much more nurturing.

ELEMIS AROMATHERAPY RELAXING MASSAGE 55MINS/85MINS

This is a lavishly hydrating body massage based on the concept of aromatherapy. The skin is anointed with nourishing oils chosen to uplift your spirit, relax your senses, empower your strength or calm you down whilst a bespoke massage comforts the skin in all its glory. Skin is left exquisitely moisturised, intensely supple and deliciously scented.

CBD RELAXING MASSAGE 55MINS/85MINS

This massage is focusing on further easing pain and inflammation, thereby speeding up recovery with a focus on the whole body in a choreographed treatment that deeply relaxes mind and body. Your brain's endocannabinoid receptors recognize the compound when it enters through the skin, therefore the endocannabinoid system is stimulated, which plays a role in immune function, digestion, mood and sleep.

ELEMIS FRANGIPANI HAIR, NECK & SHOULDER MASSAGE 30MINS

Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. We can either make you float like a butterfly or sting like a bee. You choose.

ELEMIS QUARTZ BOLUS MASSAGE 55MINS/85MINS

Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Using a uniquely designed Amber and Quartz poultice/bolus and combining the power of Eucalyptus and Juniper, each area of tension is specifically targeted with vibrational energy to re-mineralise. Painful knots are eased. Tension is dissolved. Completed by a restorative facial massage, the Amber and Quartz in the Poultice create a powerful mineral connectivity that invigorates the body and elasticises the skin.

ELEMIS AROMA HOT STONE MASSAGE 55MINS/85MINS

Balinese stones bathed in the intensely moisturising Frangipani Monoi Body Oil are worked over the body deep into the muscles, getting into areas of tension, persuading the muscles to release their trapped energy. The result is sparkling vitality with the added bonus of an intensely hydrated skin.

SHELL CHILL OUT MASSAGE 55MINS/85MINS

Relaxing body treatment with cold-pressed avocado oil relieves muscle tension, alleviates stress, stimulates tissue metabolism and the lymph flow, promotes blood circulation and thanks to the calcium content of the shells ensures a firm, healthy skin texture.

HARMONY MASSAGE 55MINS/85MINS

Relaxing, pampering massage with different products whose effects are perfectly harmonised with one other.

PREGNANCY

ELEMIS PEACEFUL PREGNANCY MASSAGE 75MINS

Tried and tested safe massage techniques are combined and adapted to each stage of pregnancy. Helps to relieve tension in the lower and upper back, as well as alleviate swelling of the hands and feet while easing the mind and uplifting the spirit.



ELEMIS BODY THERAPY

ELEMIS SCRUBS

ELEMIS INTENSELY CLEANSING SALT SCRUB - LIME AND GINGER OR FRANGIPANI 30MINS

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil. Perfect choice to even your sun tan.

ELEMIS DETOX

ELEMIS CELLUTOX SEAWEED DETOX & CELLULITE WRAP 75MINS

Detoxify and kick-start your body. Let your thoughts drift away whilst cocooned in a comforting wrap of rich marine algae and detoxifying Juniper and Lemon. Enjoy a facial massage and de-stress scalp treatment or soothing foot massage. Helps refine the appearance of cellulite and relieve, the discomfort of fluid retention.



HAND & FOOT CARE

Polish Change
Manicure
Pedicure
Foot Scrub & Mask
Soak Off Gel Manicure
Soak Off Gel Pedicure
Soak Off Gel Removal
Soak Off Gel Polish Change

SPA ETIQUETTE

OPENING HOURS

Daily 10:00 am to 8:00 pm

SPA RESERVATIONS

For spa enquiries or reservations please press the “spa” button on your telephone display. Advance bookings are recommended to secure your preferred treatment time.

PRIOR TO ARRIVAL

We recommend that you leave all jewelry and valuables in your room safe before coming to the spa. The spa will not be held responsible for valuables lost within the spa.

ARRIVAL

Please arrive 20 minutes prior to your treatment to complete your health assessment form and spend time in our relaxation area which includes a marble pool, a steam room, and a sauna. You will be provided with a robe and slippers to wear while visiting our spa and assigned a private locker to store your personal belongings.

CONSULTATION

Personal consultations are offered to determine your specific skin needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

LATE ARRIVALS

Out of respect for other guest’s reservations, please be aware that we are unable to extend your treatment time in the event of your late arrival.

CANCELLATIONS

Please allow 12 hours’ notice on individual treatments and 24 hours’ notice on spa packages, after which 50% of the treatment price will be charged. Failure to keep your appointment will result in a 100% treatment charge.

DURING YOUR STAY

Out of consideration for other guests, smoking and active mobile phones are not permitted in the spa. Our spa is a sanctuary of peace and harmony, so please also be aware of the volume of your voice.

AFTER YOUR TREATMENT

We recommend that you do not sunbathe after any depilatory waxing for at least six hours. To extend your spa experience at home, a variety of spa products are available for purchase at the Spa Gallery.

PAYMENT

For hotel guests, all treatments can be charged to your room folio and will appear on your final account at the time of departure from the hotel. Otherwise, major credit cards or cash are accepted at the spa reception.

CHILDREN

We love children, but we recommend that you avoid bringing children under 11 years of age to the spa. Young guests between 12-17 years old are welcome to enjoy a selection of treatments under the supervision of a guardian.

GYM POLICIES

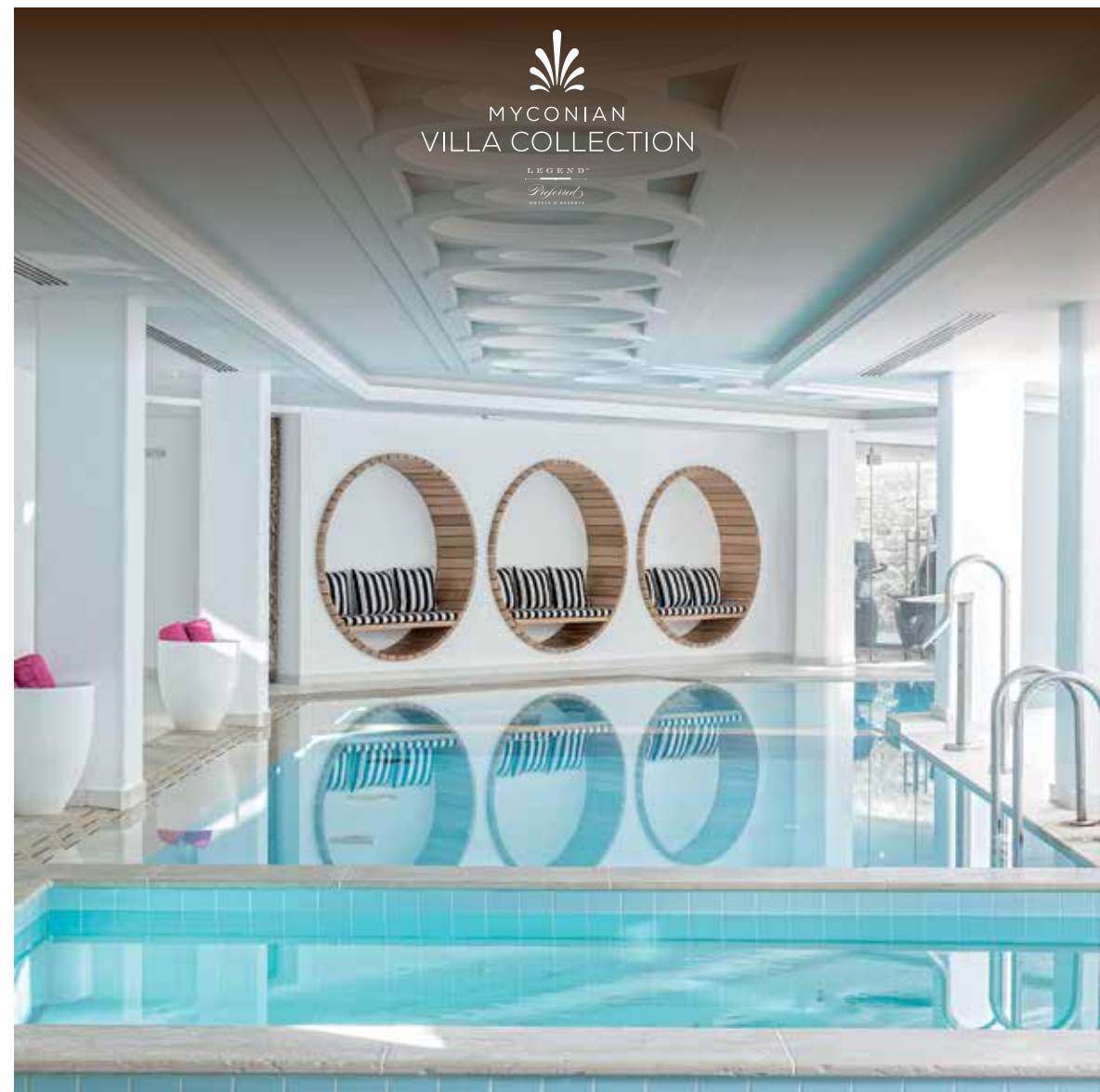
For your personal safety, we ask that you wear sports shoes. Children under 18 years old must be accompanied by an adult when using gym equipment.

HYGIENE & SAFETY

At Myconian Spas we follow all necessary protocols and procedures, to ensure the highest level of hygiene and safety and give you the peace of mind you need when enjoying a treatment or our facilities.

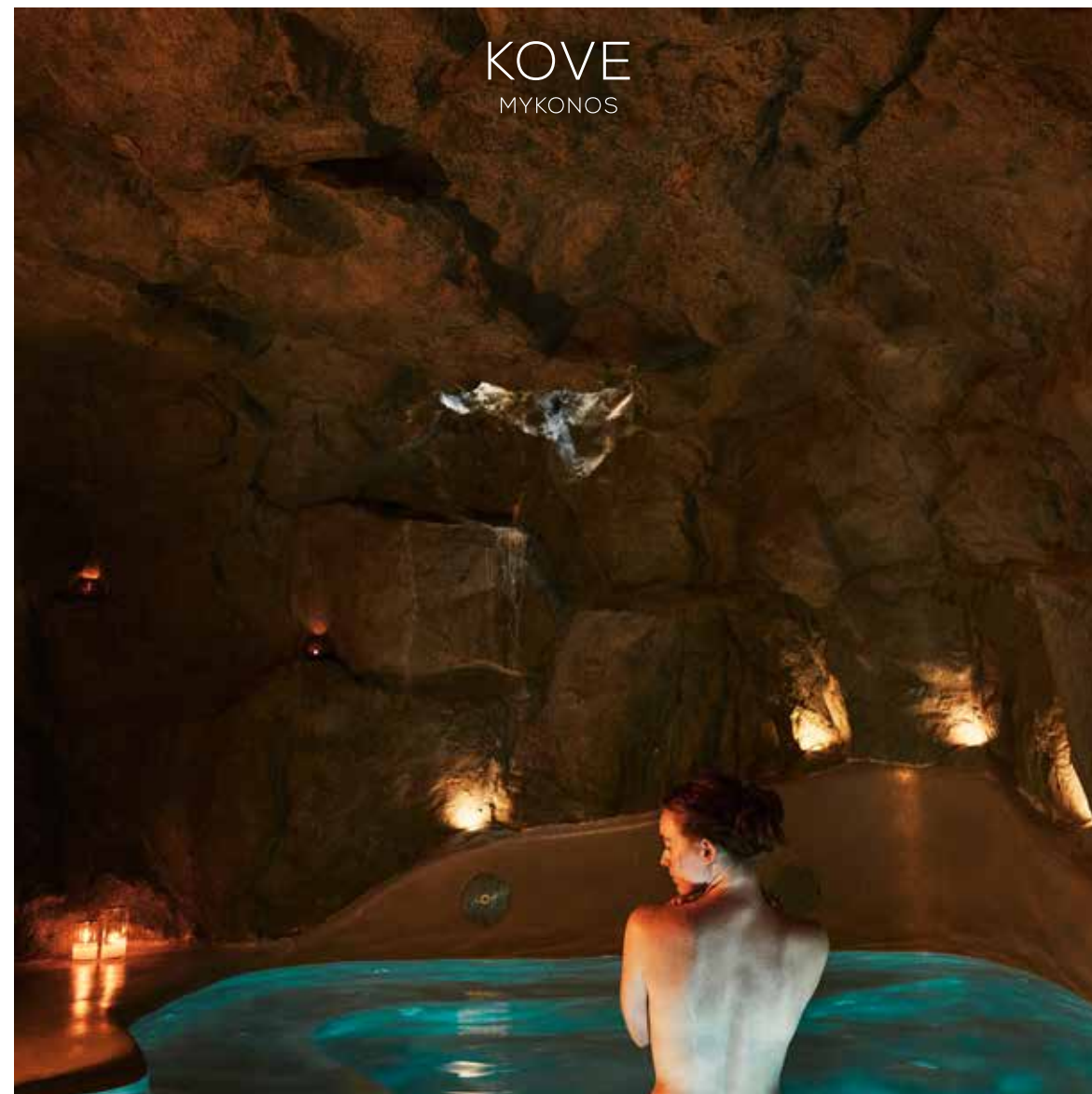






SATORY SPA AT









EXPERIENCE THE EXCEPTIONAL

DEOS



PANOPTIS ESCAPE



KYMA
AVATON

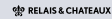


a member of
DESIGN HOTELS

IMPERIAL
ROYAL



AMBASSADOR
UTOPIA
KORALI
SUNRISE



VILLA COLLECTION
NAIA



KOVE
MYKONOS

ELEMIS & AUGUSTINUS BADER ARE EXCLUSIVELY AVAILABLE IN
MYKONOS AT THE MYCONIAN COLLECTION THALASSO-SPAS.





MYCONIAN COLLECTION HOTELS & RESORTS

www.myconiancollection.gr